



OUR POPULAR CHICKEN

PICK A SIZE

1 x Grilled Chicken Quarter 4.5

2 x Grilled Chicken Quarters 8.7

4 x Grilled Chicken Quarters 15.5

5 x Chicken Wings 7.5

5 x African Chilli Wings 7.5 🌶️

grilled wings tossed in African chilli paste, lime juice, served with fresh lime leaves and chilli

PICK A SAUCE

Our house Bar Beach (BB) Sauce is a blend of tomatoes, chillies, peppers & herbs.

TELL YOUR WAITER HOW YOU WANT IT! 🌶️🌶️🌶️

Extra sauce 0.5

BB Sauce

BB lemon & herb

BB BBQ

BB Peri Peri

Bar Beach Shito

a blend of fish, chilli, ginger, garlic and peppers

DON'T FORGET THE SIDES

Fries 3.6 (V) skin on crispy fries

Loaded Fries 8

crispy fries, shredded chicken with mozzarella cheese

Halloumi Fries 5.5 (V)

grilled halloumi served with a chilli jam dip

Cheesy Fries 4

crispy fries covered in a special cheesy topping

Suya Fries 3.8 (V) 🌶️

tossed in suya spice - contains nuts

Peri Peri Fries 3.8 (V)

tossed in our peri peri

Sweet Potato Fries 3.6 (V) rough cut

Fried Plantain 4 (V) sweet and soft

Grilled Corn On Cob 3.6 grilled in butter

Jollof Rice 4.5 🌶️

rice cooked in tomatoes, red peppers and a beef stock

Homemade Coleslaw 3.6

purple cabbage, spring onions, salad cream

Ginger & Spring Onion Oil Tender Stems 4 (V)

grilled and sweet

Moi Moi Served On A Banana Leaf 5.5 (V) 🌶️

steamed bean pudding cooked in red peppers

LITTLE BITES OH, GO ON THEN!

Mac and Cheese 6

baked macaroni with cheddar and spices

Chicken/Vegetable Gyoza Dumplings 6.5

pan fried and filled with your choice and served with a spicy sauce

A choice of Grilled Beef or Chicken Suya 8 🌶️

grilled in a spicy peanut spice blend with tomato & red onions (contains nuts)

Grilled Lamb Suya 10 🌶️

grilled in a spicy peanut spice blend with tomato & red onions (contains nuts)

Crispy Flavoured Shell on Prawns 8.6

floured and fried to crispy perfection

Beach Grilled Prawn Skewers 8.6

with lemon grass, chilli and lime marinated king prawns

Salt and Pepper Squid 8

fried with chilli and lime

Bar Beach Tropical Salad 7.9 (V)

mix leaves, cherry tomatoes, cucumber, avocado, spring onion, watermelon, mango, mango dressing

RICE AND STEW MEALS OLD FAVOURITES...

Oven Roasted Lamb in a Tomato Stew 15 🌶️

cooked in tomatoes, peppers and thyme, served with jollof rice

Grilled Chicken In A Tomato Stew 15 🌶️

cooked in tomatoes, peppers and thyme, served with jollof rice

Chef's Special 16

rosemary and thyme seasoned chicken thigh grilled and slowly cooked in a creamy sauce, with mushrooms, onions and peppers, sun dried tomatoes asparagus topped with mixed cheese and served with rice

Before ordering please ask any member of staff regarding food allergies or allergens advice and our policies. Let us know your intolerances.



BAR BEACH BURGERS CAN'T RESIST...

Bar Beach Beef Burger 10.5

brioche bun, beef patty, grilled pineapple cheese slice, red onion

Crispy Buttermilk Chicken Breast Burger 10.5

brioche bun, chicken breast, butter milk, garlic and peppers

Mushroom Burger 8.5 (V)

brioche bun, mushrooms, pickled onions, crispy shallot, vegan mayo

Gourmet Beef Burger 10.5

aged beef patty, chicken rasher, mayo, lettuce, sautéed onions, chilli in a brioche bun

Buffalo Burger 10.5

crispy chicken breast, buffalo sauce, blue cheese dip, lettuce in a brioche bun

Choice of sweet potato fries, chips or fried plantain

FROM THE LAND AND SEA AND THE HEROES ARE...

Beach Style Hot Lamb Cutlets (4 pieces) 16

grilled to perfection with Cumin and peppers served with a choice of jollof rice or chips

Seafood Mix for 2 people 50

sautéed lobster tail, crab, squid, prawns, shrimp, corn, mixed peppers and coriander served with jollof rice or garlic bread

Whole Grilled Croacker Fish 20

marinated and seasoned with garlic, ginger and mixed herbs served with a choice of plantain, served with jollof rice or chips

Choice of Beef or Chicken Taco / wrap 9.50

with sriracha, avocado, sliced red onion served with chips

BBQ Beef Ribs 15 marinated for 24hours, served with a choice of jollof rice or chips

Our Bar Beach Mixed Vegetable Stew 13 (V)

mixed vegetables with onions, aubergine, carrots, mushrooms, in a tomato stew, served with a steamed rice

Choice Of Tender Cuts of Goat Meat or Boneless Fish Pepper Soup 13

cooked in a delicious mix of peppers, chilli and spices, served with garlic bread

Sharing Platter 30

3 chicken wings, beef suya (contains nuts), 2 beach grilled prawns skewers, salt and pepper squid served with chips

AND LET'S NOT FORGET DESSERT!

Camping Bao S'mores 4.8

toasted marshmallow and layer of gooey chocolate and crusted peanut on a crispy flurry bao

Coconut Ice Cream 4.8

in a shell

SOFT DRINKS

Bottom Less Soft Drinks 4.5

Original Chapman 3

an intriguing blend of fruity flavours

NOT YOUR REGULAR Fanta 3.5

Apple Juice 2.5

Orange Juice 2.5

Mineral Still/Sparkling Water 2

Double/Single Espresso

2.25/1.25

Double/Single Macchiato

2.65/1.65

Americano 2.95

Cappuccino 3.25

Latte 3.25

Hot Chocolate 3.5

Selection of Teas

3.25

ask your waiter

Iced Coffees:

Americano 2.95

Latte 3.25

Cappuccino 3.25

COCKTAILS

all cocktails served with double shot

Pina Colada 9.5

Mojito 9

Long Island 9

Tequila Sunrise 9

Gin and Tonic 9

Rum and Coke 9

Hennessey and Coke 9

Strawberry Daiquiri 9.5

Rum Chapman Punch 9

extra double shot 6

WHO'S UP FOR ...

WINE

Selection of Wines

ask your waiter

Red Wine

(Malbec) Btl 22 or Gl's 7

White Wine

(Pinot Grigio) Btl 22 or Gl's 7

Rosé

(Grigio Rose) Btl 23 or Gl's 7.5

Prosecco Btl 25

BEERS

Draft Beer

Sanmiguel 5.25

Sanmiguel half pint 3.25

Carlsberg 5.1

Carlsberg half pint 3.1

Bottle Beer/Cider

Star Beer 6

lager, Nigeria's No. 1

Heineken 4.75

Guinness Export 4.8

Desperados 4

Kopparberg Cider 4.5