



# MENU

## WHAT'S COOKING? GOOD LOOKIN' CHICKEN!

- 1 x Grilled Chicken Quarter 6.5
- 2 x Grilled Chicken Quarters 11.5
- 4 x Grilled Chicken Quarters 20.5
- Chicken Wings 7.5
- 12 x Wing Platter 15

pick your sauce

HOW HOT?



ASK YOUR WAITER...

## WHICH BAR BEACH HOMEMADE SAUCE?

- Original Bar Beach Sauce** )  
a blend of tomatoes, chillies, peppers & herbs.
- African Chilli Sauce** ))  
extra 0.5  
chilli and lime
- Bar Beach Lemon & Herb**  
mixed herbs and  
lemon (mild)
- Bar Beach BBQ Sauce**  
smoky & sweet
- Bar Beach Peri Peri** ))  
spicy & tangy

## OUR HEROES...

**Beach Style Hot Lamb Cutlets (4 pieces) 24**  
grilled to perfection with cumin and peppers served with  
a choice of jollof rice or chips

**NEW** **Pulled Beef Brisket or Grilled Chicken**  
**(Have as a Wrap or Taco) 14**  
with sriracha, avocado, sliced red onion  
served with chips

**Bar Beach Beef Ribs 22**  
beef ribs marinated for 24hrs,  
served with our house bbq sauce.  
Served with a choice of jollof rice or chips  
(Switch sauce to African chilli sauce for a spicy treat)

**NEW** **Surf and Turf Mixed Grill 28**  
grilled lamb chop, grilled chicken wings giant grilled  
prawns, grilled chicken breast and grilled lamb kofte.  
served with a side of fries or jollof rice

**Mixed Seafood Bowl 45** )  
sautéed lobster tail, crab, squid, prawns, shrimp, corn,  
mixed peppers and coriander served with jollof rice or  
garlic bread

**NEW** **King Prawn Pasta 20**  
juicy king prawns and calamari marinated in a garlic  
sauce. Served with garlic bread

**NEW** **Vegetable Pasta 18**  
fried mushrooms, fried broccoli, red onions, mixed  
peppers, sautéed in a garlic and coriander sauce. Served  
with garlic bread

**Peri Peri Whole Grilled Fish 25** )  
marinated and served with garlic and ginger and mixed  
herbs served with our home made chilli sauce. with a  
choice of plantain, jollof rice or chips  
(ask your waiter for catch of the day )

**Mixed Sharing (serves 2-4) Platter 30**  
chicken wings, grilled beef suya (contains nuts),  
beach grilled prawns skewers, salt and pepper squid  
served with chips

**Mixed Vegetarian Sharing (serves 2-4) Platter 20**  
Mac and cheese, cheesy fries, fried plantain,  
grilled corn on cob, toasted garlic bread

## BUNS ON THE BEACH

**The Bar Beach Beef Burger 14.95**  
brioche bun, beef patty cheddar cheese, bar beach  
burger sauce. caramelised onions, lettuce and tomato

**Crispy Fried Chicken Burger 14.95**  
chicken breast fillet coated in bar beach special  
coating, zesty lemon pepper mayo, lettuce, tomato and  
homemade pickled cucumber

**NEW** **Vegan Beef Style Burger 14.95**  
vegan brioche bun, meaty plant based patty, vegan  
cheese slice, vegan bar beach burger sauce,  
caramelised onions, lettuce and tomato

**NEW** **Crispy Vegan Ch'kn Burger 14.95**  
vegan brioche bun, vegan ch'kn patty (soy based).  
lemon pepper mayo, lettuce, tomato  
and pickled cucumber

**Beef Brisket Bao 6**  
shredded beef brisket, fresh rocket leaves, red onions,  
pickled cucumber, jalapeños and sliced avocado

**Crispy Chicken Bao 6**  
Crispy fried chicken, fresh rocket leaves,  
red onions, pickled cucumber, jalapenos  
and sliced avocado

**Crispy Prawn Bao 6**  
crispy butterfly king prawn, fresh rocket leaves, red  
onions, pickled cucumber, jalapeños  
and sliced avocado

**Crispy Ch'ckn Bao 6**  
Crispy vegan fried Ch'ckn, fresh rocket leaves, red  
onions pickled cucumber, jalapeños and avocado.

**All burgers served with sweet potato fries, chips or fried plantain**

*Before ordering please ask any member of staff  
regarding food allergies or allergens advice and our policies. Let us know your intolerances.*





## LIKE IT SAUCY?

### Saucy Lamb Stew Rice Bowl 18.95

cooked in tomatoes, peppers and thyme,  
served with jollof rice

### Saucy Chicken Stew Rice Bowl 16.95

cooked in tomatoes, peppers and thyme,  
served with jollof rice

## SOMETHING SMALL?

### Our Famous Mac and Cheese 6

baked macaroni with cheddar and spices

### Chicken/Vegetable Gyoza Dumplings 7/6.5

pan fried and filled with your choice  
and served with a spicy sauce

### A choice of Grilled Beef/Chicken Suya 11 ))

grilled in a spicy peanut spice blend with tomato  
& red onions (*contains nuts*)

### Grilled Lamb Suya 13 ))

grilled in a spicy peanut spice blend  
with tomato & red onions (*contains nuts*)

### Beach Grilled Prawn Skewers 9

with lemon grass, chilli and lime marinated king prawns

### Popcorn Prawns 9

fried crispy battered popcorn size prawns,  
seasoned in salt and pepper

### Salt and Pepper Squid 9

battered squid, seasoned with salt and pepper seasoning

### Bar Beach Tropical Salad 8.5 (V)

mix leaves, cherry tomatoes, cucumber, avocado, spring  
onion, watermelon, mango, mango dressing  
(add Grilled Chicken Breast) extra 3.95

### Bar Beach Caesar Salad 8.5

a classic caesar salad with crunchy croutons  
served with a salad dressing

(add grilled chicken breast) extra 3.95

## SIDES

### Fries 4.5 (V)

skin on crispy fries

### Cheesy Fries 5.5

crispy fries covered in a special cheesy toppings.

### Loaded Fries 9.5

crispy fries, shredded chicken with mozzarella cheese

### Grilled Halloumi Fries 7 (V)

served with a tropical sauce

### Spicy Suya Fries 5.5 (V)

crispy potato fries tossed in a suya infused salt.  
garnished with spring onions and mixed chillies

### Peri Peri Fries 4.5 (V)

tossed in our peri peri salt

### Sweet Potato Fries 5.5 (V)

rough cut

### Fried Plantain 5.5 (V)

sweet and soft

### Grilled Corn On Cob 3.6

grilled in butter

### Jollof Rice 6.5

rice cooked in tomatoes, red peppers and a beef stock

### Homemade Coleslaw 3.6

purple cabbage, spring onions, salad cream

### Simple Side Salad 4.95 (V)

rocket salad, cherry plum tomatoes sliced cucumbers  
served with vinegarete dressing

### Toasted Garlic Bread 4.5 (add cheese extra 2)

### Ginger & Spring Onion Oil Tender Stems 5.5 (V)

grilled and sweet

### Moi Moi Served On A Banana Leaf 6 (V)

steamed bean pudding cooked in red peppers

### Vegetable Fried Rice 6.5 (V)

stir fried with a crunchy mix of aromatic vegetables  
add king prawns 3.5

## AND LET'S NOT FORGET ABOUT DESSERT!

### Camping Bao S'mores 7.95

toasted marshmallow and layer of gooey chocolate  
and crusted peanut on a  
crispy fluffy bao

### Coconut Ice Cream 7.95

in a shell

### Sticky Toffee Pudding 7.95

served with ice cream or  
vanilla infused custard

### Banana Cake and Custard 7.95

served with hot vanilla infused custard

### Hot Salted Caramel and Chocolate Waffle 7.95

served with vanilla ice cream

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